



Join Jodi

All Levels

Yoga

Returning Oct 15 – Dec 17, 2025

Wednesdays, 1:00 - 2:00pm

Bring you own mat & props, limited mats available

Seeley's Bay Hall upstairs, 151 Main St. Seeley's Bay

\$100 for 10-week Session or

\$15 per class – Drop-ins welcome

Session Register: <https://tlti.ebasefm.com/programs/welcome>

Or Scan the QR Code to register

Or Contact: recreation@townshipleeds.on.ca

613-659-2415 ext 246

